

International Index of Erectile Function (IIEF-5) Questionnaire

Name:

Date:

Please circle or mark the most appropriate answer for each question.

Over the past 6 months:

1. How do you rate your confidence that you could get and keep an erection?

- | | |
|---------------------------------|---|
| <input type="radio"/> Very low | 1 |
| <input type="radio"/> Low | 2 |
| <input type="radio"/> Moderate | 3 |
| <input type="radio"/> High | 4 |
| <input type="radio"/> Very high | 5 |

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- | | |
|--|---|
| <input type="radio"/> Almost never/never | 1 |
| <input type="radio"/> A few times (much less than half the time) | 2 |
| <input type="radio"/> Sometimes (about half the time) | 3 |
| <input type="radio"/> Most times (much more than half the time) | 4 |
| <input type="radio"/> Almost always/always | 5 |

3. During sexual intercourse, **how often** were you able to maintain your erection after you had penetrated (entered) your partner?

- | | |
|--|---|
| <input type="radio"/> Almost never/never | 1 |
| <input type="radio"/> A few times (much less than half the time) | 2 |
| <input type="radio"/> Sometimes (about half the time) | 3 |
| <input type="radio"/> Most times (much more than half the time) | 4 |
| <input type="radio"/> Almost always/always | 5 |

4. During sexual intercourse, **how difficult** was it to maintain your erection to completion of intercourse?

- | | |
|---|---|
| <input type="radio"/> Extremely difficult | 1 |
| <input type="radio"/> Very difficult | 2 |
| <input type="radio"/> Difficult | 3 |
| <input type="radio"/> Slightly difficult | 4 |
| <input type="radio"/> Not difficult | 5 |

5. When you attempted sexual intercourse, how often was it satisfactory for you?

- | | |
|--|---|
| <input type="radio"/> Almost never/never | 1 |
| <input type="radio"/> A few times (much less than half the time) | 2 |
| <input type="radio"/> Sometimes (about half the time) | 3 |
| <input type="radio"/> Most times (much more than half the time) | 4 |
| <input type="radio"/> Almost always/always | 5 |

Total Score: /25

Reference Scores

5 – 7	Severe Erectile Dysfunction
8 – 11	Moderate Erectile Dysfunction
12 – 16	Mild-Moderate Erectile Dysfunction
17 – 21	Mild Erectile Dysfunction
22 – 25	No Erectile Dysfunction

Reference: Rosen et al. (1999). Development and evaluation of an abridged, 5-item version of the International Index of Erectile Function (IIEF-5) as a diagnostic tool for erectile dysfunction. *International Journal of Impotence Research*, 11(6), 319-326. doi: 10.1038/sj.ijir.3900472